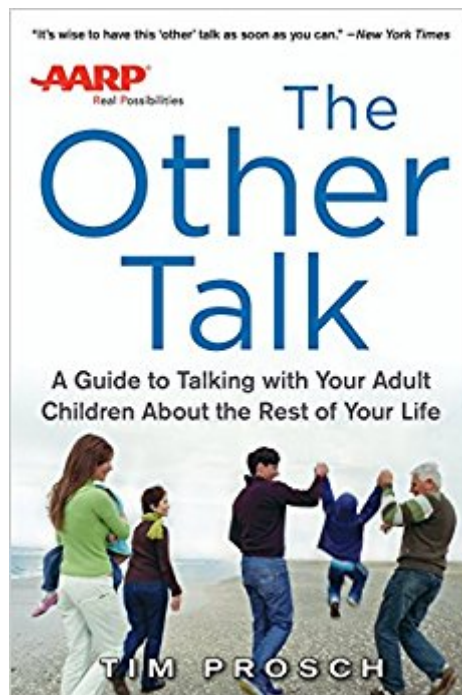




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# AARP The Other Talk: A Guide To Talking With Your Adult Children About The Rest Of Your Life



## Synopsis

A one-of-a-kind practical guide to making the tough decisions parents and their adult children inevitably face. It was a rite of passage for you to have the Talk with your kids about the beginning of life (as in the birds and the bees). As you get older, you need to have the Other Talk--about the later years of life. And you need to have it now, not after a crisis hits. The Other Talk helps you take control of your life so when the time comes, your kids can make decisions based on what you want. This groundbreaking guide provides the practical advice and inspiration you need to have open, honest discussions about subjects that can be difficult to talk about. Unlike other books that help adult children who are suddenly thrust into a decision-making role, The Other Talk gives you the tools to develop a strong partnership with your kids to plan for the rest of your life. Who will manage your finances and how will you budget for unknown needs? Where can your children find important documents they will need to help? Where will you live if you need assistance? What type of medical treatments do you want--and not want--and who will advocate for your needs? The Other Talk helps you address and answer these and other questions in a calm, measured way--freeing you up to enjoy your life and your family.

## Book Information

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## Customer Reviews

"Useful in framing the conversation that you need to stop avoiding or putting off for another day."

The Washington Post 20141029 "[I]t's wise to have this 'other' talk as soon as you can." The New York Times 20131005

Silver Living Now Book Award    Silver National Mature Media Award    APEX Award    Washington Post Book of the Month    Wealth and Money Management Award    Bronze Independent Publisher Book Award    Foreword INDIEFAB Book of the Year Honorable Mention    “Useful in framing the conversation that you need to stop avoiding or putting off for another day.”    Washington Post    “It’s wise to have this.”    Mother    “talk as soon as you can.”    New York Times    “This book walks the reader through how to start this important conversation and provides actionable information that ultimately serves to free families to focus on getting the most out of the rest of their time together.”    Journal of Financial Planning    “Midlife couples should take steps to seamlessly shift money responsibilities to their kids when the time comes. Here’s how.”    NPR    “Next Avenue

I GIVE COPIES OF THIS BOOK TO FRIENDS & RECOMMEND THEY DO THE SAME: Father died of lung cancer in one short summer, cared for & dying at his home. Father’s death was stunningly quick. But a blessing. Mother died of lung cancer after having Alzheimer’s several years, cared for in multiple states in her 2 daughters’ homes, hospitals, nursing home, & hospice. Mother’s was a lengthy death with horrible mental confusion (a hard-on-her, harder-on-her daughters situation that she struggled against). If we’d had this book after Father died, we’d have known the important legal work we needed to have in place to handle taking over Mother’s assets to use for her care if/when/WHEN she became incapacitated. Any angst that can be saved in these heartbreaking situations NEEDS to be saved. Read this book & don’t get bogged down in how very very thorough the author was with his own adult children. The last third or so is a resource guide.

This is an important book for just about anyone. It discusses the importance of talking about the last years of your life. It tells you what to organize and collect to help those left behind. You must have the discussion about what care you want and how you want items to be handled. Situations, for example, whether you should continue driving are discussed. It places heavy emphasis on the consequence of not discussing these issues. I recommend this book for parent and child alike. If you discuss this early, then you are prepared and the transition is easier. It is good for both parent and child to read this.

This book is a must read for...well....everyone. Because we’re all going to age (unless we die young) and no matter what your situation, chances are that someone younger will need to help you. This is

a great conversation starter. As the author makes clear, it needs to be an ongoing conversation with your loved ones. And it doesn't have to be morbid and sad. Think of it as a gift to your children to share with them details that will make things easier for them when the time comes that you need assistance. This is one of the top five books I've discovered that has made a positive impact on my life.

I remember everyone being uncomfortable when my parents were ready to downsize and asked which things my brother and I wanted. Now I am the one who is downsizing and want to make it more comfortable for my children. Later on, there were a lot of questions I didn't ask my parents until they were too ill to answer them. Again, that is something I would like to do differently. Prosch's book isn't great literature, but it is clear and full of helpful suggestions. I bought one copy, read it, and bought copies for my children. Why? I thought my kids might be more comfortable talking with me about my aging and demise if they were forewarned. I also bought a copy for my brother. He's close to my age and also has children.

Although I thought there was a lot of repetition throughout, what he said got me not only thinking but acting. A family gathering was already scheduled when I read the review of the book and was encouraged by my daughter to purchase it. After our gathering, I bought a fire and water proof safe. My will, etc. was in the hands of my lawyer during this time and I now have up-dated papers. The book is a great start for those who have not gotten around to thinking or acting on their final years and I recommend it highly so you will take those big steps for your family. Betsy Grater

THE most informative book or article on the subject. Information is accurate, up-to-date, and written without professional jargon. All pertinent information is located in one book, including a rather extensive "Online Resource Section". A must read for the Aging Adult, families, caregivers, and healthcare professionals in the field of Geriatrics. Lee Reed, R.N. Deserving Care, LLC Geriatric Legal Nurse Consultant

I think this is a wonderful book -- the only reason I didn't say "I love it" is because I would love to avoid the whole topic; but at 70+ that is not a good idea. It really helps to organize the issues of aging for planning ahead, and also gives a shove to those of us who are wondering how to tackle that first conversation. Thanks Jim.

This book is a great start on the process of both having your children AND yourself understand the steps needed to end life's story with some degree of clarity and happiness. GET ORGANIZED is the theme and the book nicely gives the reader how to do that. The big part is you HAVE to talk with your family! Guiding the reader with what to talk about to start is most helpful. And, a warning, the getting organized will take much longer than you think-get going!

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